

# Kursplan

28.09.2020 - 04.10.2020

FT-CLUB Burghausen  
Gewerbepark Lindach D7  
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Montag 28.09.2020	Dienstag 29.09.2020	Mittwoch 30.09.2020	Donnerstag 01.10.2020	Freitag 02.10.2020	Samstag 03.10.2020	Sonntag 04.10.2020
<p>17:00 - 18:00 FT goes Outdoor</p>	<p>09:00 - 10:00 Movement</p>	<p>18:00 - 19:00 Strength</p>	<p>09:00 - 10:00 Movement</p>	<p>17:30 - 18:30 Movement</p>	<p>09:00 - 10:00 Movement</p>	<p>10:00 - 11:30 Movement XL</p>
<p>17:30 - 18:30 Strength</p>	<p>17:30 - 18:30 Yoga mit Amelie Amelie</p>		<p>17:30 - 18:30 Mobility</p>	<p>18:45 - 19:45 Burn</p>		
<p>18:45 - 19:45 Mobility</p>	<p>18:45 - 19:45 Mobility</p>		<p>18:45 - 19:45 Movement</p>			

- Alternativ
- Burn
- Family Fitness
- Mobility
- Movement
- Outdoor
- Strength

Stand: 28.09.2020